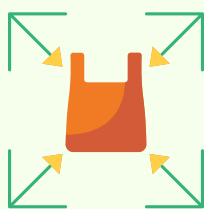




# Do this



## ***Reduce***

Plastic bags, aluminium foil...



## ***Reuse***

Stainless steel water bottles,  
Tupperware, Boc'n'Roll



## ***Recycle***

The rubbish we can't avoid, in their  
corresponding bins.

# Instead

## ***All the rubbish together***

It's easier and more convenient, but the  
environment will be the biggest loser.



## ***Buying new products***

Clothes, a phone, markers in a thousand colours...  
Is it really necessary, or will it just be an expense for  
parents? Not to mention, it takes up space at home  
and pollutes the environment when you no longer  
need it.



## ***Single-use products***

Try to avoid single-use straws, plastics, and  
aluminium.



# of this



Co-funded by  
the European Union

